

Hello Junior Church!

Do you ever talk to yourself?

King David did and what he said to himself is in Psalm 42 verse 11.

“Why, are you downcast [sad] my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Saviour and my God.”



When we are in the doldrums David says it's good to praise God. Praise quite often means music. So, let's make some instruments to help us make music 'a joyful noise to the Lord'

To make a drum you need:

1 empty bean tin (washed, painted and decorated as you like)

1 balloon

Scissors

1 Spoon (long handled is good) or stick



What to do:

Cut the tail off the balloon just about where it starts to get wider

Stretch the balloon tightly over the open end of the tin



Beat your drum with the back of the spoon

You can use a stick to rub up and down on the ribs of the tin

Grass Whistle

1. Place a nice wide blade of grass between your two thumbs. Stretch the blade tight

2. Place the back of thumbs against your mouth and blow!

3. You know you're successful by the annoying screeching sound coming out from your thumbs. "Make a joyful noise to the Lord!"



Link: <https://www.youtube.com/watch?v=Oe38tMJrQ3U>

Shakers:

You need an empty egg box, scissors, paint, glue or tape, dried rice or lentils, lolly stick (optional)

1. cut two cups from egg box and decorate as you like

2. Place a few grains of rice or dried lintels or beans in one cup.

3. Glue or tape the two cups together

4. You can add a lolly stick as a handle if you have one

5. Make two, one for each hand.

6. Join the band praising God.



Psalm 150

- 1 Praise the LORD.
Praise God in his sanctuary;
praise him in his mighty heavens.
- 2 Praise him for his acts of power;
praise him for his surpassing greatness.
- 3 Praise him with the sounding of the trumpet,
praise him with the harp and lyre,
- 4 praise him with timbrel and dancing,
praise him with the strings and pipe,
- 5 praise him with the clash of cymbals,
praise him with resounding cymbals.
- 6 Let everything that has breath praise the LORD.
Praise the LORD.



Make a Trumpet to praise God with

You Need:

- 2 A4 pieces of paper (any colour)
- tape
- plastic straw
- scissors
- marker

1. Use a pen to roll paper starting at the corner. Tape in place
2. Fold 2nd sheet in half end to end and cut in half. Use your pen to roll one half from corner to corner, tape and flatten and fold to make handle, fold in thirds and fold back ends



3. Wrap 2nd half around your index (pointer) finger to make a horn shape



4. Insert first roll into cone, tape in place and add handle. Tape securely



5. Cut a point on the end of your straw and insert other end into the end of your trumpet. Tape in place



6. Draw finger holes with your pen



7. Use your trumpet to praise the Lord.

For more help use this link <https://www.youtube.com/watch?v=1N6DWqb2d-I>